Did you know...

That 1 in 3 Australian adults is at increased risk of developing Chronic Kidney Disease?

The risks are:

- *High blood pressure*
- *Diabetes*
- *Established cardiovascular disease*
- *Family history of kidney disease*
- *Obesity (BMI>30)*
- *Smoking*
- *Aged 60 years and above*
- *Aboriginal or Torres Strait Islander origin*

- 1 in 9 Australian adults has CKD
- Diabetes is the leading cause of kidney failure
- You can lose up to 90% of your kidney function before experiencing any symptoms
- Individuals with CKD are at a 2-3 fold greater risk of cardiac death than individuals without CKD
- The usual setting for initial assessment and diagnosis of CKD is in general practice.

We would like to thank the following organisations whose support helps make the KCAT program a reality.

KCAT Program Partners

AMGEN Nephrology

KCAT Sponsors

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The KCAT Program is proudly associated with the following organisations

RACGP QI&CPD Program Accredited Activity Provider 2011-2013 Category 1 & Category 2 Activities · acrrm · Royal College of Nursing Australia · ANZSN · apna Australian Practice Nurses Association

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KCAT

HEALTH PROFESSIONAL EDUCATION PROGRAM

2013

www.kcat.org.au

"Promoting the Kidney Health of Australians"

KIDNEY HEALTH AUSTRALIA

Kidney Health Australia

Is a not-for-profit organisation focussing on **Education, Advocacy**, **Research** and **Support** to improve kidney health outcomes and quality of life for people with kidney and urinary tract diseases, their families and carers.

Education

Kidney Check Australia Taskforce (KCAT)

KCAT is Kidney Health Australia's Heath Professional education program established in 2001 to improve health outcomes for Australians with Chronic Kidney Disease (CKD).

KCAT is the leading voice in kidney education in Australia. We are the only organisation offering comprehensive education on kidney disease to health professionals. All activities are governed by an expert committee, which comprises prominent kidney specialists, health professionals, educators and consumers.

KCAT offers of a series of education modules for Australian health professionals, run as interactive workshops aiming to improve the knowledge, detection and management of kidney disease in general practice.

Each KCAT module is accredited for continuing education points with the RACGP and ACRRM and is endorsed through the Royal College of Nursing Australia APEC program. **You do not need to apply for points for KCAT workshops – we can arrange this for you!**

Modules

Modules for General Practitioners

Early Detection and Management of CKD – new recommendations
A Sinister Combination: CKD and Diabetes
Management of Resistant Hypertension in General Practice
Management of Stage 3 CKD in General Practice
CKD & the Elderly
Haematuria and Urinary Tract Infections
CKD : Issues for General Practitioners
CKD in Indigenous Australians
Cardiovascular Risk Reduction in CKD - NEW in 2013
Management of Stage 4 & 5 CKD - NEW in 2013
Decision Making and Symptom Control in ESKD - NEW in 2013
eGFR and Drug Dosing - NEW in 2013

Other Modules

Detecting & Managing CKD for the Practice Nurse
CKD & Diabetes: for Practice Nurses
CKD & Diabetes: for Diabetes Educators
Online Learning Modules: CKD Management in General Practice, CKD & Diabetes: A Sinister Combination – NEW in 2013
Webinars: Early Detection & Management of CKD, Reducing Cardiovascular Risk in CKD

Process

Step 1

Interest is generated for a workshop in your area (via KCAT, host or speaker)

Step 2

Dates are agreed upon (speaker and host via KCAT)

Module, venue, catering chosen by host

Local speaker is found by KCAT

Step 3

Module materials sent from KCAT including our 'Chronic Kidney Disease Management in General Practice' publication

Participants are invited by host and attendance recorded by host

Step 4

KCAT applies for CPD points from RACGP, ACRRM and RCNA where appropriate

Step 5

Evaluation forms and attendance records are sent to KCAT for reporting

Certificates given to participants by host

In 2012, KCAT coordinated 100 workshops around Australia which were rated as entirely relevant to the participants' practice by over 80% of the attendees. These workshops recorded an average increase of 28% in CKD knowledge score.